




## ST XAVIER'S PUBLIC SCHOOL-MUNDRA

Xavigo!

Date: 9th April 2025

SXPS/4/2025-26

Dear Parents,

   We are pleased to inform you that our school is introducing a Self-Defense Training Program exclusively for girls of Grades 4 to 8. This initiative is part of our continued efforts to empower our students with essential life skills that promote confidence, safety, and self-awareness.

Program Details:

- ✦ Start Date: 10th April 2025
- ✦ Day: Every Saturday
- ✦ Time: Immediately after school, for 1 hour
- ✦ Dispersal time: 12.30PM
- ✦ Venue: School Campus
- ✦ Conducted By: Trained School Teachers

This program will focus on basic self-defense techniques and awareness practices, tailored to suit the age and understanding of our students. Participation in the program is highly encouraged and will be conducted in a safe and supportive environment.

We request your cooperation and support in encouraging your child to participate regularly in this valuable program. 🙏

If you have any queries or concerns, please feel free to contact the school office.

Contact no: 9925073353

Thank you,

Regards